

4-12
years old



10:00-10:55
11:05 – 12:00

ONLINE FITNESS AND EXERCISE
FEBRUARY 2021

DATES	Mon 15 th	Tues 16 th	Weds 17 th	Thurs 18 th	Fri 19 th
TIMES	10:00-10:55	10:00-10:55	10:00-10:55	10:00-10:55	10:00-10:55
	11:05-12:00	11:05-12:00	11:05-12:00	11:05-12:00	11:05-12:00

Online fitness and exercise during the holidays is now available to your children. Kirklees have funded this fantastic opportunity to ensure we keep children active through the holidays. Due to the current circumstances our face to face holiday camps are postponed, but we are still delivering ONLINE!

We are running 2 sessions each day as we understand we need to be flexible for times. Each day is going to be based around a different theme and component of fitness and exercise to make it as diverse and beneficial as possible.

To sign up - follow the link, create an account and select your dates and times. Once you have signed up you will receive a link the day before the session to the email you've provided, the link will take you to google classroom where the session will be held. Follow the link on the morning of the session to join us! If you require any further support on the morning don't hesitate to contact us.

D.B.S CHECKED
FIRST AID TRAINED
FA LEVEL 2
EXPERIENCED
PREPARED
FUN
RELIABLE
PROFESSIONAL

Monday
Spin The Wheel

Tuesday
Home Assault Course

Wednesday
Fortnite Fitness

Thursday
Premier League Dream Team

Friday
Fun Zumba

Contact Details

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