

Slaithwaite CE J & I School



P.E. Policy

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SLAITHWAITE CE PRIMARY SCHOOL
PHYSICAL EDUCATION

PHYSICAL EDUCATION POLICY STATEMENT

Slaithwaite CE Primary School believes that all pupils, regardless of their culture, physical or academic differences should be given the opportunity to develop their full potential and independent learning ability through an enjoyable, balanced and progressive series of activities. With our positive attitude towards healthy and active lifestyles and through a progressive range of activities, we provide opportunities for pupils to grow in confidence; we nurture their creativity and enable them to face up to different challenges as individuals, in groups and in teams. Growing in competence, pupils learn how to plan, perform and evaluate actions, ideas and performances to improve their quality and effectiveness. Eventually through these processes we hope that pupils will discover their aptitudes, abilities and preferences, and make choices about how to get involved in lifelong physical activity.

AIMS

Acquiring and Developing Skills

At Slaithwaite CE Primary School our aim is to teach pupils to explore a range of skills, actions and ideas: extending these to perform them more consistently and fluently with improving control and co-ordination as they progress through the Key Stages.

Selecting and Applying

We aim to teach pupils to explore ways of selecting and applying skills, and then to find ways of using these skills to develop tactics and compositional ideas whilst also applying the rules and conventions of the different activities.

Evaluating and Improving Performance

We aim to develop the pupil's ability to describe, evaluate, appreciate and explain the effectiveness of their performance by teaching them to observe copy and describe what they and others have done, and to use this to improve their work.

Knowledge and Understanding of Fitness and Health

We aim to teach pupils why physical activity is essential for their health and well-being, how to exercise safely whilst understanding the effects of exercise on their body.

OTHER ASPECTS

PSHCE

At Slaithwaite CE Primary School pupils are experiencing PSHCE as an integral part of their Physical Education Studies through:

- Developing a healthy, safer lifestyle
- Developing good relationships and respecting differences
- Experiencing a breadth of activity
- Gaining the confidence and responsibility to make the most of their abilities
- Preparing to play an active role as citizens

ICT

Slaithwaite CE Primary School provides opportunities within Physical Education to apply and develop pupils ICT capabilities through the use of ICT tools in order to support their learning. Examples of ICT include watching gymnastic activities for role modelling on the internet and in dance through the use of videos and photography to access and review performance.

HEALTH AND SAFETY

At Slaithwaite CE Primary School the health and safety of all individuals is paramount, it is with this concern that through the PE Curriculum pupils are taught:

- To understand and recognise safety and how to minimise risks for themselves and others.

These health and safety points are reinforced through the following means:

Clothing

All pupils and parents should ensure that correct and suitable clothing for PE is brought into school at the beginning of the week. A suitable bag (preferably with a draw string to put the bag on a cloakroom peg) should be provided to hold this clothing. Clothing should be taken home each weekend for washing.

All pupils must change their clothing for PE.

PE Clothing requirements:

- A T-shirt or sweatshirt
- Shorts, leggings or tracksuit bottoms
- A pair of pumps or lightweight trainers
- For Upper Key Stage 2 - warmer clothing for outdoor PE in the winter months.

It would be helpful if all items of clothing were named.

Teachers, senior management and governors indicate the importance of correct clothing in PE through discussions with children during lessons, homework diaries and parent evenings.

It is important that teachers, senior management and governors indicate through various means the importance of the correct clothing to reduce risk. Failure to bring the correct clothing will result in the child not being allowed to participate.

Teachers should ensure that pupils are aware of their PE days and that when kit is brought in, PE is actually delivered.

In year 5 all children will need a swimming kit.

For boys this means swimming trunks, no long shorts and for girls a one piece swimming costume.

All children have to wear their own swimming cap and provide their own towel. Goggles can only be worn if parents have requested it in writing for medical reasons.

Jewellery

For safety reasons Slaithwaite CE Primary School discourages the wearing of jewellery at all times including watches. All jewellery, including stud earrings, **MUST** be removed for PE. This is in accordance with APE guidelines on Safe Practice in Physical Education which is Kirklees Policy. It is advisable that pupils wear **NO** jewellery on PE days in order to save unnecessary time in its removal. Teachers and support staff are **NOT** responsible for looking after jewellery, it is the pupil's responsibility. Glasses (providing they are safety approved) may be worn. On occasions when ear-rings cannot be removed for medical reasons, they should be covered with plasters brought into school from home.

Apparatus

All pupils will be taught how to handle and use apparatus in a safe and considerate manner. No pupil should use any apparatus until the teacher has checked it and they have been told to use.

Hair

Long hair must be tied back for Health and Safety reasons.

Accidents

Other than minor accidents the child should **NOT** be moved. All children must stop and sit down quietly and a responsible child should be sent to inform the Headteacher or first-aider. The accident should be recorded in the accident book located in the general office.

Any knocks to the head should be reported to the first-aider, and the standard letter sent home advising parents.

INCLUSION

Setting Suitable Learning Challenges

Teachers of PE should teach knowledge skills and understanding in ways that suit their pupils abilities, (teachers may be required to choose areas of study from earlier or later Key stages).

There must be a degree of flexibility within the programme to cater for pupils who have experienced interrupted schooling.

A greater degree of differentiation will be necessary for pupils whose attainment falls significantly below the expected levels at a particular key stage.

Pupils whose attainments significantly exceed the expected level need to be set suitably challenging work by the teacher.

Responding to Pupils Diverse Learning Needs

At Slaithwaite CE Primary School, PE Curriculum planning sets high expectations and provides opportunities for all pupils to achieve, including

- Boys and girls
- Pupils with SEN
- Disabled pupils
- Pupils of different ethnic groups
- Pupils from diverse linguistic backgrounds

Overcoming Potential Barriers to Learning and Assessment for Individuals and Groups of Pupils

A minority of pupils will have particular learning and assessment requirements, which go beyond the normal provision. These requirements are likely to arise as a consequence of a pupil having a special educational need, a disability or may be linked to a pupil's progress in learning English as an additional language.

Teachers delivering the PE Curriculum will take specific action to provide access to learning for these pupils by:

Helping with communication, language, literacy (through the use of demonstration, signs and symbols)

Developing understanding by:

- Using materials and resources which pupils can access through sight, touch and sound.
- Encouraging pupils to take part in exploring the environment around them.

Planning for full participation by:

- Using specialist equipment
- Providing support from adults or peers when needed
- Adapting tasks or environment
- Providing alternative activities where necessary
- Managing behaviour by:
- Setting realistic demands
- Using positive behaviour management
- Giving pupils the chance to develop co-operative skills
- Teaching pupils to value and respect each other
- Encouraging/teaching independent learning
- Teaching essential safety.

Managing emotions by:

- Providing adapted modified alternative activities
- Providing positive feedback to build self-esteem
- Selecting tasks sensitively to avoid unnecessary stress for the pupil
- Creating a supportive environment in which pupils can engage in learning.

Pupils with disabilities:

Teachers must take care in their planning to ensure that disabled pupils are enabled to participate as fully and effectively as possible.

Pupils with EAL

Use of Language

- Teachers use language precisely and cogently
- Pupils are expected to listen to others, respond and build on their ideas and views constructively
- The use of word walls/visual display with the appropriate language should be used in suitable areas

- Planning to develop the spoken word by ensuring effective opportunities for talk.

It is also important for teachers to take account of pupil's religious and cultural beliefs and practices through providing appropriate physical and learning opportunities at times of fasting.

EQUAL OPPORTUNITIES

All pupils will be given the opportunity to participate in all aspects of Physical Education and no pupil will be excluded for cultural or gender reasons.

Appropriate provision will be made for any pupils who need activities to be adapted in order for them to participate in Physical Education. A support teacher may be required in certain instances.

STAFFING

Pupils will normally be taught by their class teacher except for swimming when they will be accompanied to the pool by their class teachers or subject co-ordinator who is then assisted by Local Authority swimming instructors. Staff delivering the PE Curriculum should at the very least change into appropriate footwear. Any adults other than teachers who work in the school (e.g. coaches, sports development officers) should work alongside a class teacher at ALL times.

TIME ALLOCATION

Time allocation for Physical Education per week:

Foundation Stage - Children will have 2 x 45 minute lessons a week but will be physically active across lessons to achieve the early years learning goals.

Key Stage 1 and 2- At least 2 hours of high quality curriculum PE and one hour attendance at an out of school hour learning club.

RESOURCES

PE resources are stored in the main storeroom in the school hall. Playtime equipment stored in outside shed.

All teachers are responsible for reporting any faulty or broken Equipment to the PE Co-ordinator. The co-ordinator is responsible for termly checking the equipment and keeping an up-to-date inventory.

PLANNING

The Co-ordinator and the Headteacher will monitor planning, it must give evidence of the following:

- Long term - allocation of time given to specific activities
- Medium term - units of work to be covered
- Short term - weekly lesson plans

TIMETABLED AREAS OF ACTIVITY

All dance and gymnastics will be taught in the school hall. Games should always be taught outside if the weather is reasonable (**if pupils have had outside play then they should have their games lesson outside**).

NON-PARTICIPANTS

Pupils excused from PE should take an active part in the lesson through evaluating performance of designated groups or individuals.

ASSESSMENT, RECORDING AND REPORTING

Throughout all PE lessons assessment and evaluation of activities is on-going. Pupils follow the aims and objectives of weekly plans. Pupils who achieve below acceptance levels and those achieving beyond expected levels are noted and subsequent records produced. All pupils will be assessed against the APP criteria in schools at the end of a unit of work. At the end of the academic year staff will allocate each child a NC level against the Chris Quigley skills criteria.

In year 5 an assessor from school pyramid will evaluate and select Gifted and Talented pupils for challenging opportunities. The aim in the future is to extend this to earlier years.

EXTRA CURRICULAR ACTIVITIES

At Slaithwaite CE Primary School we offer pupils the chance to explore in greater depth some of the areas which they build an enthusiasm for.

These areas of study are offered as extra curricular activities and pupils from all years throughout school have the opportunity at some time within the week to attend these clubs and hopefully learn the skills which will enable them to acquire a lifetime hobby.

See timetable of clubs/for the year and weekly clubs on sports board timetable.

EXTRA CURRICULAR CLUBS

Netball

Football

Cricket and Rounders (when weather permits)

Inter-schools running competition

Inter-schools swimming gala

Tennis

Multi-skills

Table tennis

Basketball

Tri-Golf

Dance Class

Badminton

Cheer Leading

Hockey

Orienteering

Zumba

Policy Review: October 2014

Full Review: October 2015